

FOOD 4 FUN is an interactive program that builds social and mental development

Our focus is on good food

During each session we will be making kid friendly food

Caregiver and child both participate in all activities

Understanding whole foods and how to prepare them

Using our senses to explore food

Colours

Smells

Textures

Feel

Shapes

Games

Activities

Food Bingo

Coloring

Mixing

Measuring

Math

Language Building

Starts Monday April 7, 2008 at Chemainus Elementary Community School
9 – 10:30 am 9 to 18 months

11 to 12:30 am 18 months to 5 years